

Things Vasculitis Patients Want their Rheumatologists to Know



- Please educate us. Things that are common knowledge to you, might be 1 unfamiliar to us. Tell us about:
 - Inform us of the possible side effects of treatment with high dose glucocorticoids.
 - Tell us what signs and symptoms we should report to you immediately.
 - Help us understand which symptoms might indicate that our vasculitis is currently active, and which are the results of past, irreversible damage.
- The extreme fatigue we experience is impossible to describe and impacts every aspect of our lives.
- On paper we may look good, but we are still experiencing life altering symptoms.
- Every symptom we have is not necessarily related to our vasculitis.
- 5 We are frightened and overwhelmed. We gain hope when you are willing to help us find answers.
- The pain is real and can be debilitating. Pain relievers are often not very 6 effective.
- 7 We need your help coordinating care with our other healthcare providers.
- If our form of vasculitis is systemic, please tell us which body systems might be affected and how we should monitor for potential damage.
- Ensure your patients are connected with the Vasculitis Foundation for education and support resources.

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