

Share Your Story to Raise Vasculitis Awareness

Use the templates below as inspiration for writing your story then share on social media to unite and inspire those with vasculitis around the world. #VAM2024

Person with vasculitis, option one

I am a rare disease warrior. Every day, I live with [insert type of vasculitis, i.e. GPA, urticarial] vasculitis, a rare autoimmune disease.

Living with vasculitis [describe what it's like, i.e. "is physically and emotionally exhausting" / "isolating" / "feels like a constant battle"]. Because it is so rare, too often vasculitis is misdiagnosed for months or even years, leading to organ damage. There is no cure for vasculitis, but it can be treated. Some of these medications have side effects like, [insert side effects you've experienced].

The hardest part of living with vasculitis is [finish the sentence]. As the number of people living with vasculitis is expected to rise, people like me need support now more than ever.

The Vasculitis Foundation (VF) [insert social media tag] has been a lifeline for people like me. They walk alongside everyone impacted by the disease, providing reliable, empowering education and funding research for better treatments and a cure. You can make a difference for people like me all around the world by giving to the VF today:

<https://www.vasculitisfoundation.org/ways-to-give/make-a-donation/>

#VAM2024

**Be sure to include photos in your post to make it personal.*

Person with vasculitis, option two

The first thought that raced through my mind when I was diagnosed with vasculitis, a rare autoimmune disease, was, [insert thought].

Living with vasculitis [describe what it's like, i.e. "is physically and emotionally exhausting" / "isolating" / "feels like a constant battle"]. I have gone through [insert experiences like: "5 hospital stays" / "months of high dose steroids" / "loneliness" / etc]. Currently, there is no cure.

The Vasculitis Foundation (VF) [insert social media tag] has been a lifeline for people like me. They walk alongside everyone impacted by the disease, providing reliable, empowering education and funding research for better treatments and a cure. You can make a difference for people like me all around the world by giving to the VF today:

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Caregiver

[Insert either option: I am one of nearly 40 million caregivers across the United States. / I am one of millions of caregivers around the globe.] In [insert year], my [insert relationship: i.e. husband, child, mother], [insert loved one's name], was diagnosed with [insert type of vasculitis, i.e. GPA, urticarial] vasculitis, a rare autoimmune disease.

Living with vasculitis [describe what it's like, i.e. "is physically and emotionally exhausting" / "isolating" / "feels like a constant battle"]. My [insert relationship: i.e. husband, child, mother] has gone through [insert experiences like: "5 hospital stays" / "months of high dose steroids" / "loneliness" / etc]. Currently, there is no cure for vasculitis.

The hardest part of being a caregiver to [insert loved one's name] is [finish the sentence]. As the number of people living with vasculitis is expected to rise, people like me and [insert loved one's name] need support now more than ever.

The Vasculitis Foundation (VF) [insert social media tag] has been a lifeline for people like me and [insert loved one's name]. They walk alongside everyone impacted by the disease, providing reliable, empowering education and funding research for better treatments and a cure. You can make a difference for families like ours across the world by giving to the VF today:

<https://www.vasculitisfoundation.org/ways-to-give/make-a-donation/>

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Caregiver example post:

I am one of nearly 40 million caregivers across the United States. In 2015, my husband, Joe, was diagnosed with MPA vasculitis, a rare autoimmune disease.

Living with vasculitis is physically and emotionally exhausting. My husband has gone through 6 hospital stays, months of high dose steroids, and a kidney transplant. Currently, there is no cure for vasculitis.

The hardest part of being a caregiver to Joe is constantly having to advocate for his needs to doctors. As the number of people living with vasculitis is expected to rise, people like me and Joe need support now more than ever.

The Vasculitis Foundation (VF) (@VasculitisFoundation) has been a lifeline for people like me and Joe. They walk alongside everyone impacted by the disease, providing reliable, empowering education and funding research for better treatments and a cure. You can make a difference for families like ours across the world by giving to the VF today:

<https://www.vasculitisfoundation.org/ways-to-give/make-a-donation/>

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Loved one who has passed away with vasculitis

I lost my [insert relationship to loved one, i.e. dad, son, wife] to vasculitis, a rare autoimmune disease. Raising vasculitis awareness is personal to me.

Living with vasculitis [describe what it's like, i.e. "is physically and emotionally exhausting" / "isolating" / "feels like a constant battle"]. Because it is so rare, too often vasculitis is misdiagnosed for months or even years, leading to organ damage. Currently, there is no cure.

My [insert relationship to loved one, i.e. dad, son, wife] was [describe their personality]. What I miss most about [him/her/them] is [finish the sentence]. I don't want anyone else to have to go through what me and my family have because of vasculitis.

This Vasculitis Awareness Month, you can make a difference for [insert either one: people like me / families like mine] all around the world by giving to the Vasculitis Foundation [insert social media tag]. They are committed to educating patients and doctors about this rare disease. And they're dedicated to fueling research for better treatments and, eventually, a cure. Donate now: <https://www.vasculitisfoundation.org/ways-to-give/make-a-donation/>
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Social Media Tags

Hashtag: #VAM2024

Instagram: @VasculitisFoundation

Facebook: @VasculitisFoundation [link to page: <https://www.facebook.com/VasculitisFoundation>]

LinkedIn: @Vasculitis Foundation [link to page: <https://www.linkedin.com/company/1689118/>]