Please educate us. Things that are common knowledge to you, might be unfamiliar to us. Tell us about:

• Dietary changes we can make to help our kidneys.
• Measures we can take to protect our kidneys from additional damage.
• Medications we should avoid.

Vasculitis is frequently systemic. Please treat me as a whole person, not just a renal system.

The pain and fatigue are impossible to describe and are not just “in our heads.”

Every symptom we have is not necessarily related to our vasculitis.

We are frightened and overwhelmed. We gain hope when you are willing to help us find answers.

Successful treatment of vasculitis requires a team approach. Willingness to coordinate care with rheumatologists and other healthcare professionals is essential.

Regularly monitor our kidney health. Irreversible kidney damage may be occurring long before we notice symptoms.