

Join Our  
**JOURNEY**  
 2020 VASCULITIS VIRTUAL  
 CONFERENCE SERIES

Newly Diagnosed  
 Patients and their  
 Families

October 31, 2020

Time (Eastern Time Zone)	Sessions	Speakers
11:00 am - 5:00 pm	Platform open: Exhibit Hall, Networking Lounge, Leaderboard, Scavenger Hunt	
11:30 am - 11:45 am	Welcome: Join Our Journey for Knowledge and Hope	Sara Baird Amodio, MSW, EdD Vasculitis Foundation Board of Directors Host, <i>The Ride by Vasculitis Journey</i> podcast
11:45 am - 12:15 pm	The Vasculitis Minions	Philip Seo, MD Director, The Johns Hopkins Vasculitis Center John Hopkins Bayview Medical Center
12:15 pm - 12:20 pm	From My Vantage Point	Kathy Olevsky Host, Road to Wellness webinars
12:20 pm - 12:45 pm	Medical Team 101: Maximizing Your Available Resources	Sarah Goglin, MD Assistant Professor, School of Medicine University of California San Francisco
12:45 pm - 1:15 pm	Understanding Your Lab Tests and Imaging Results	Kevin Byram, MD Co-Director, Vasculitis Center Associate Director, Rheumatology Vanderbilt University Medical Center
1:15 pm - 1:30 pm	Afternoon Break & Stretch	
1:30 pm - 1:35 pm	Chronic Illness and the Impact on a Patient's Mental Health	Velma Mockett, PhD, INDS, RCC Mental Health Consultant/Specialist Blink Mental Health Services
1:35 pm - 2:00 pm	Medications 101: The Alphabet Soup	Anisha B. Dua, MD, MPH Director, Vasculitis Program Northwestern University

**2020 VASCULITIS VIRTUAL CONFERENCE SERIES | NEWLY DIAGNOSED PATIENTS AND THEIR FAMILIES**  
**SATURDAY, OCTOBER 31, 2020**

<b>Time (Eastern Time Zone)</b>	<b>Sessions</b>	<b>Speakers</b>
2:00 pm - 2:05 pm	A Patient's Perspective	Ben Wilson Young Adult Patient Advocate Co-Host, <i>Vasculitis Visionaries</i> podcasts Columbia, Missouri
2:05 pm - 2:30 pm	Steroids 101	Tanaz A. Kermani, MD Director, Vasculitis Program Ronald Reagan UCLA Medical Center
2:30 pm - 3:00 pm	The Future of Steroid Use: The Horizon for Steroid Replacement, Minimization in Systemic Vasculitis	Jason Springer, MD Co-Director, Vasculitis Center Vanderbilt University Medical Center
3:00 pm - 3:30 pm	What Does Wellness Look Like in a Pandemic?	Leonard Calabrese, DO Co-Director, Center for Vasculitis Care and Research Director, R.J. Fasnemeyer Center for Clinical Immunology Cleveland Clinic
3:30 pm - 3:50 pm	What's Next? Resources for Your Journey to Better Health; Get Involved in Research, etc.	Peter Grayson, MD, MSc Head, Vasculitis Translational Research Program, NIAMS Associate Director, NIAMS Fellowship Program, Systemic Autoimmunity Branch
3:50 pm - 4:00 pm	Final Comments and Introductions for the Zoom Happy Hours	Joyce A. Kullman, Executive Director Vasculitis Foundation
4:00 pm - 5:00 pm-ish	Zoom Happy Hours! Young Adults EAST of the Mississippi River WEST of the Mississippi River Caregivers	Please join the other attendees, VF staff and Board members for a networking opportunity. <b>Scroll down to next page to see the list of Zoom Networking Rooms.</b>

**OUR MISSION**

Building upon the collective strength of the vasculitis community, the Foundation supports, inspires, and empowers individuals with vasculitis and their families through a wide range of education, research, clinical, and awareness initiatives.

P.O. Box 28660, Kansas City, MO 64188 | [vf@vasculitisfoundation.org](mailto:vf@vasculitisfoundation.org) | [www.vasculitisfoundation.org](http://www.vasculitisfoundation.org)

# VF HAPPY HOUR BREAKOUT SESSIONS

DATE: SATURDAY, OCTOBER 31, 2020 | TIME: 4:00PM - 5:00PM (EASTERN TIME)



Please join us for a networking opportunity with other attendees, VF staff and members of the VF Board of Directors. Please select the session of your choice. Click on the link to join a Zoom meeting room.

Breakout Topic	Host	Link
Caregivers!	Joyce A. Kullman VF Executive Director	Join Zoom Meeting <a href="https://zoom.us/j/96599329077?pwd=L3pmdVpiV2xJbGtDVDI0YlVjL0JVQT09">https://zoom.us/j/96599329077?pwd=L3pmdVpiV2xJbGtDVDI0YlVjL0JVQT09</a>  Meeting ID: 965 9932 9077 Passcode: 703057 One tap mobile: +13017158592,,96599329077#,,,,,0#,,703057#
Trick Room!	Beth Westbrook VF Sr. Director of Outreach  Victor James VF Board of Directors	Join Zoom Meeting <a href="https://zoom.us/j/98027636870?pwd=NFVqWVhyZFUvTi9yZfZ4MFpDRWIKQT09">https://zoom.us/j/98027636870?pwd=NFVqWVhyZFUvTi9yZfZ4MFpDRWIKQT09</a>  Meeting ID: 980 2763 6870 Passcode: 076130 One tap mobile: +13126266799,,98027636870#,,,,,0#,,076130#
Treat Room!	Kalen Young VF Director of Research Affairs, VPPRN  Ed Becker VF Media Producer  Caz Cazanov VF Board of Directors	Join Zoom Meeting <a href="https://zoom.us/j/99121396321?pwd=WkdDN2JuUVBzeS9xd2xtVm5wdTFNQT09">https://zoom.us/j/99121396321?pwd=WkdDN2JuUVBzeS9xd2xtVm5wdTFNQT09</a>  Meeting ID: 991 2139 6321 Passcode: 854376 One tap mobile +16465588656,,99121396321#,,,,,0#,,854376#
Young Adults	Allison Ross VF Board of Directors	Join Zoom Meeting <a href="https://zoom.us/j/97111146051?pwd=K3NmQmVqTIIRRUpadTZBV1o2cHhQQT09">https://zoom.us/j/97111146051?pwd=K3NmQmVqTIIRRUpadTZBV1o2cHhQQT09</a>  Meeting ID: 971 1114 6051 Passcode: 133290 One tap mobile: +13126266799,,97111146051#,,,,,0#,,133290#